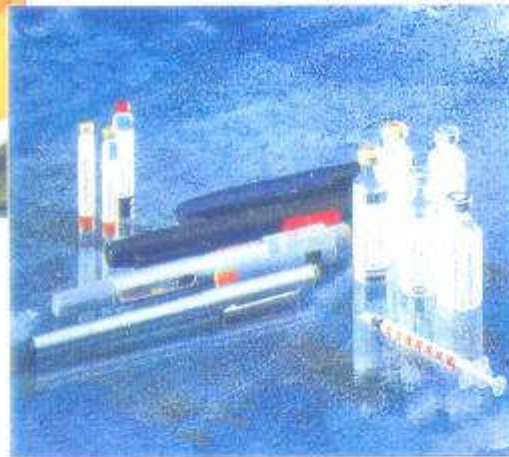
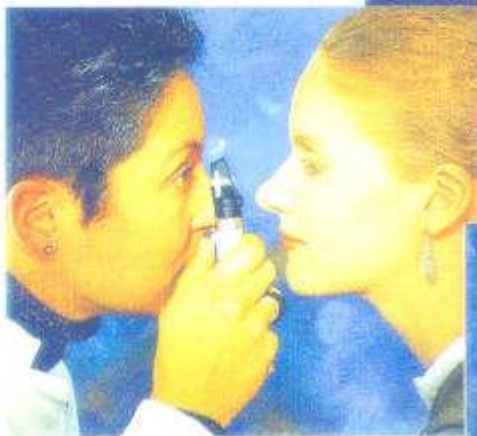
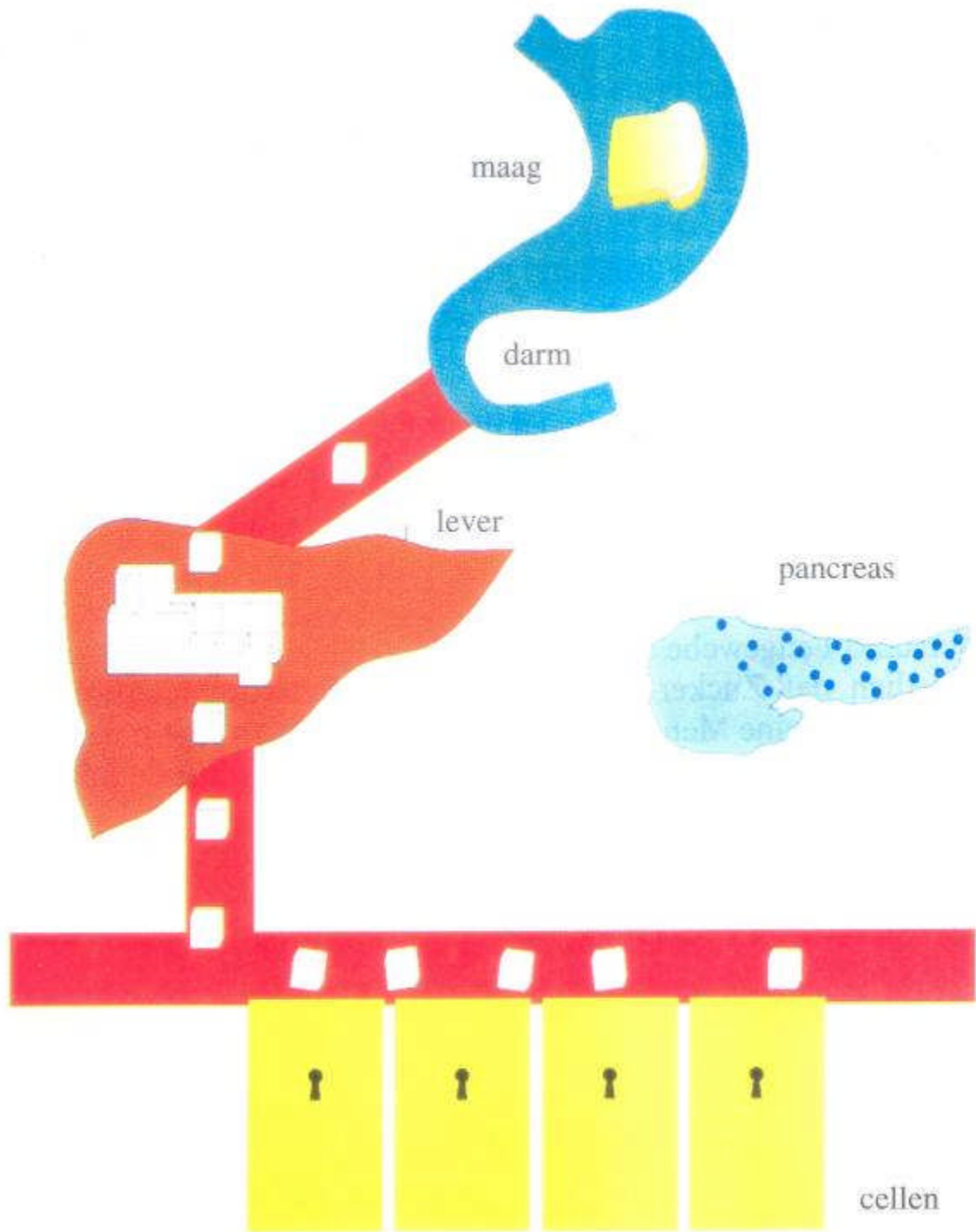


LEREN LEVEN MET DIABETES

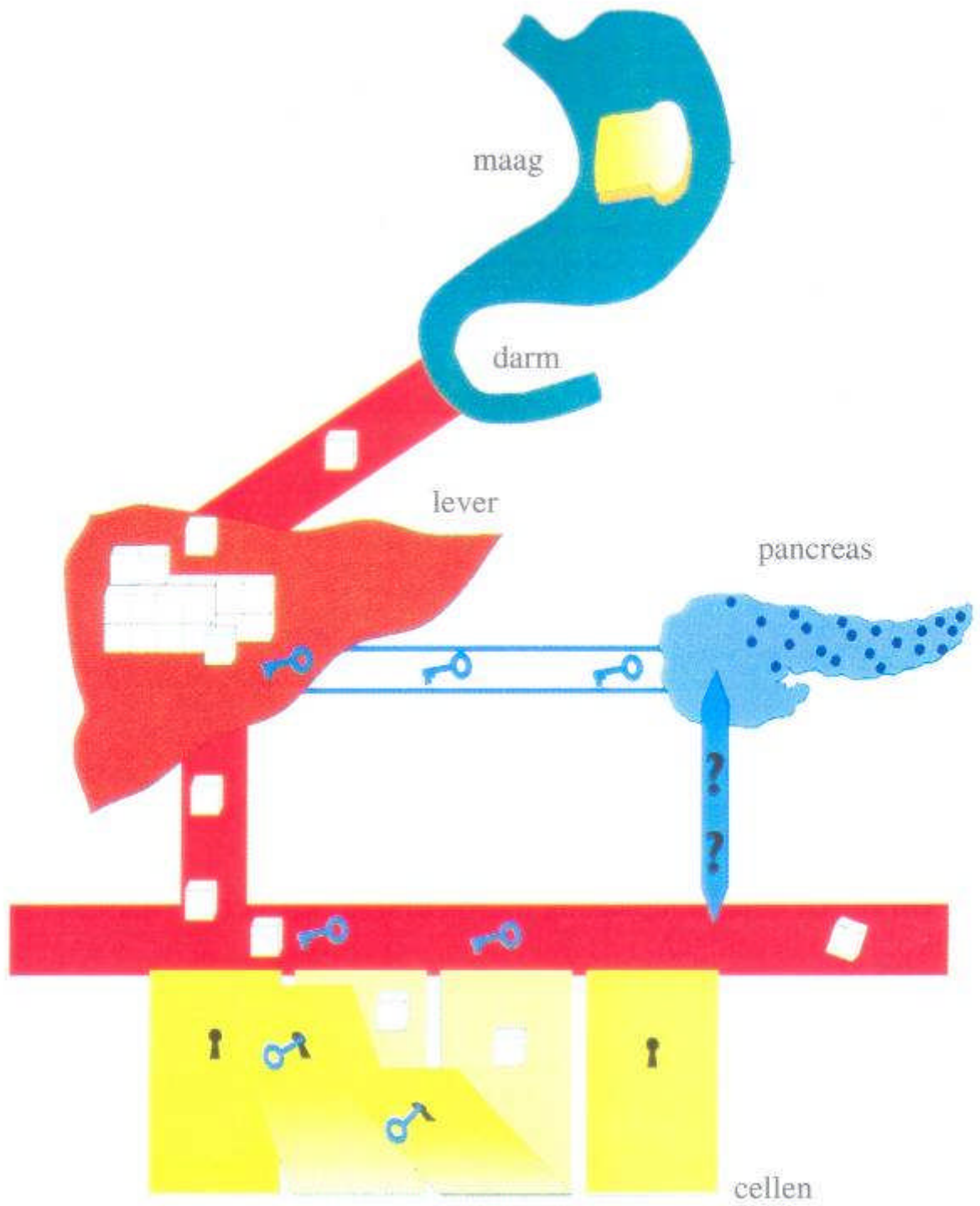
Posterset voor educatie van Type 1 diabetespatiënten



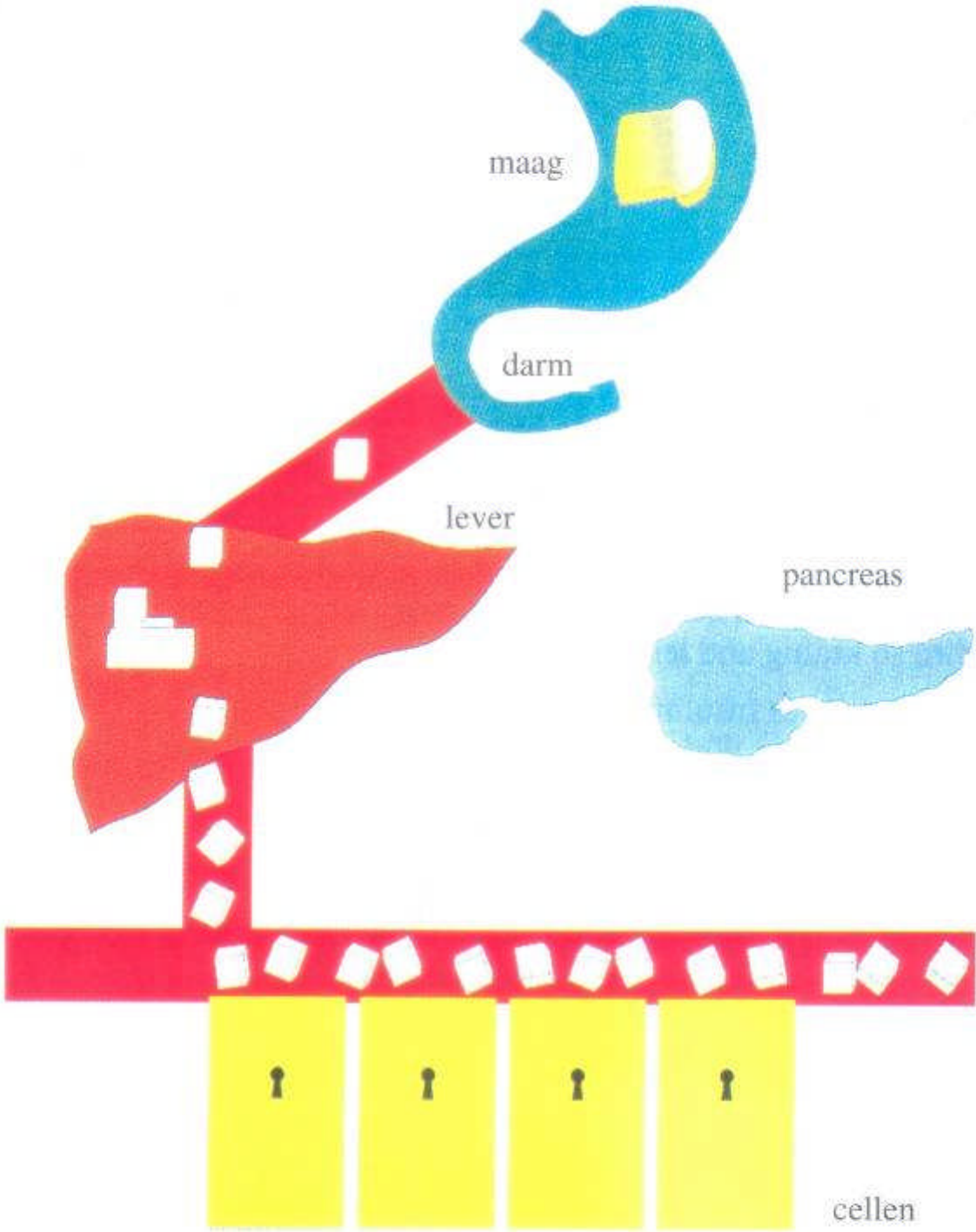
Cellen hebben glucose nodig



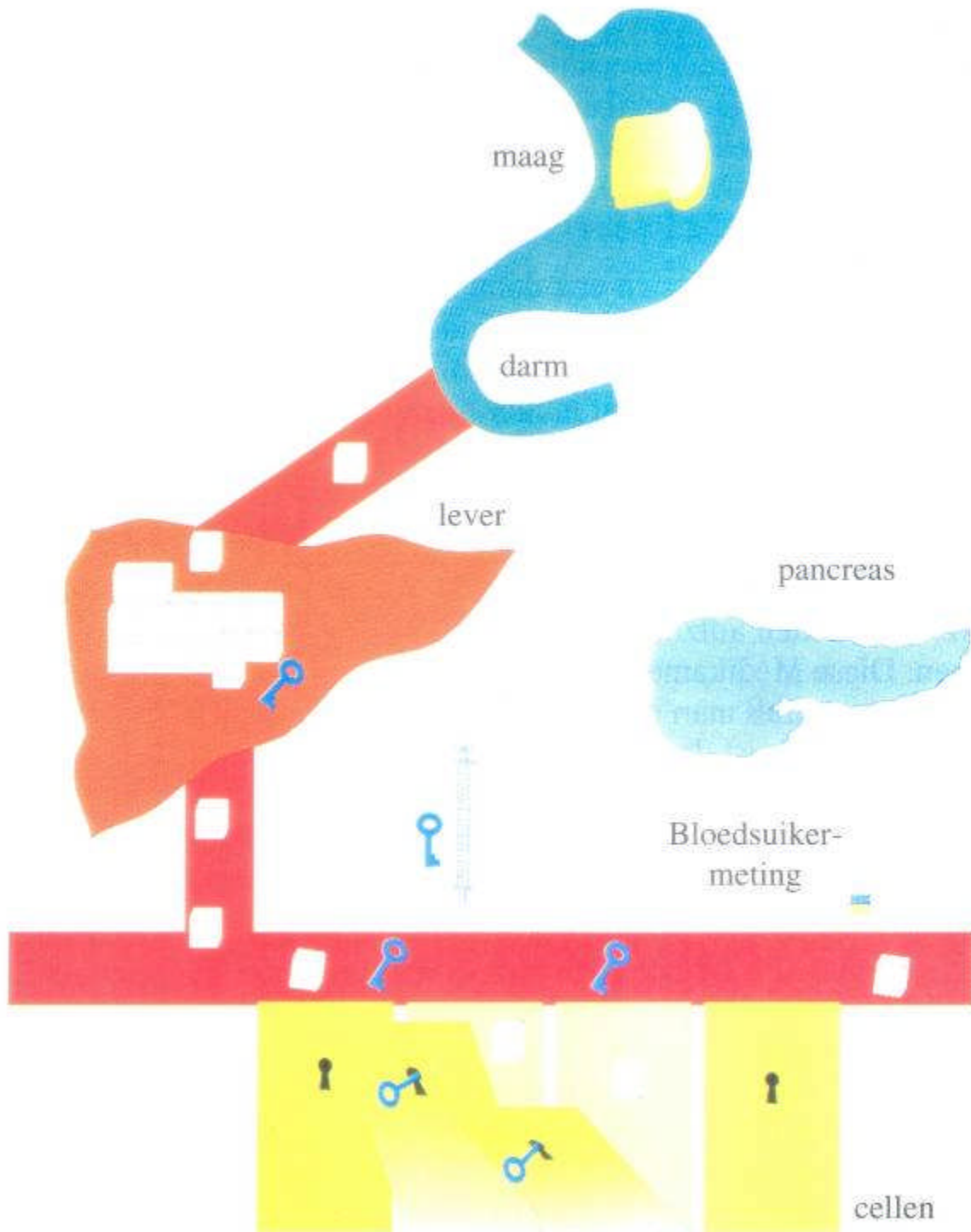
Werking van insuline



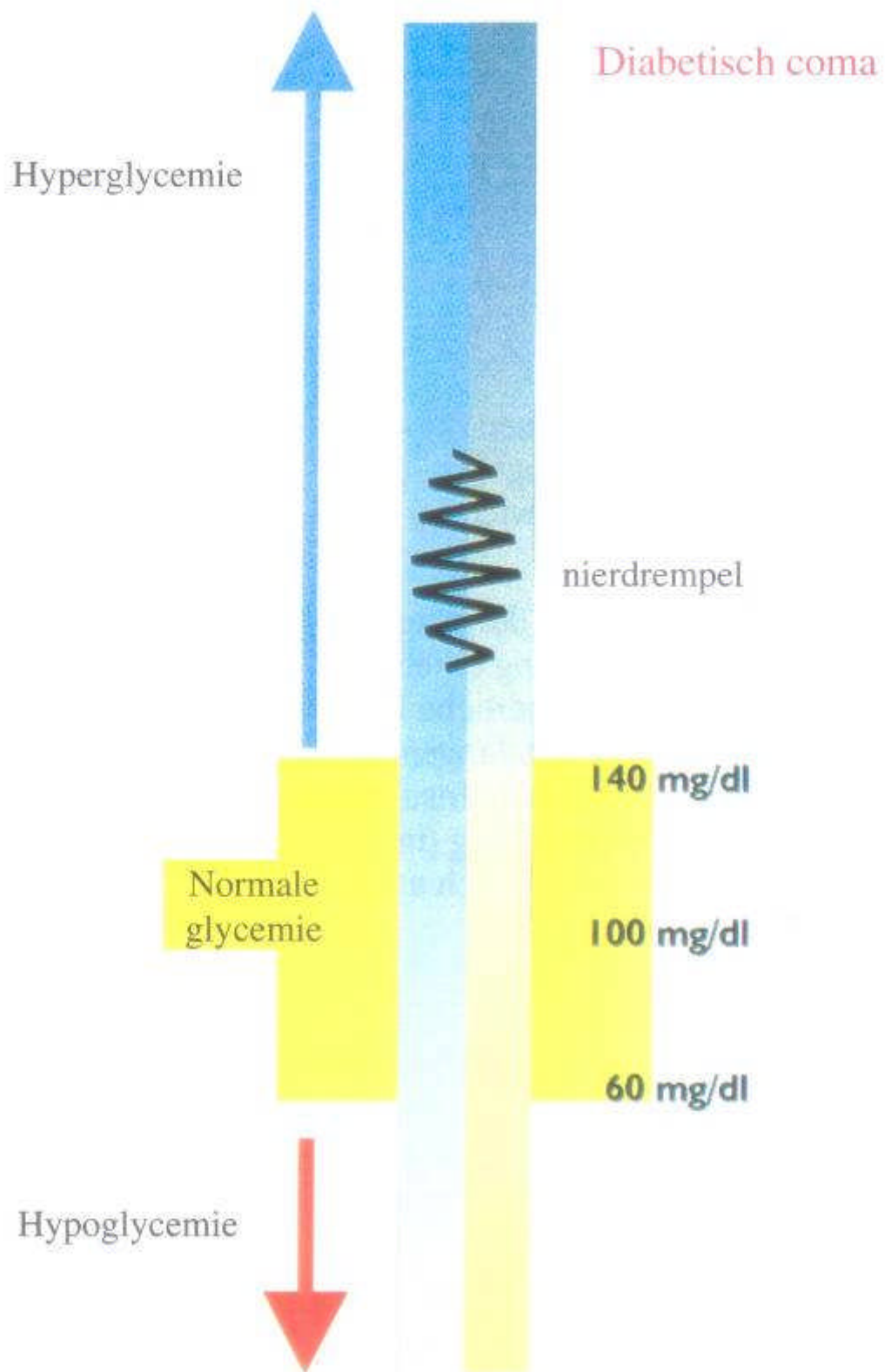
Insulinetekort



Insulinebehandling

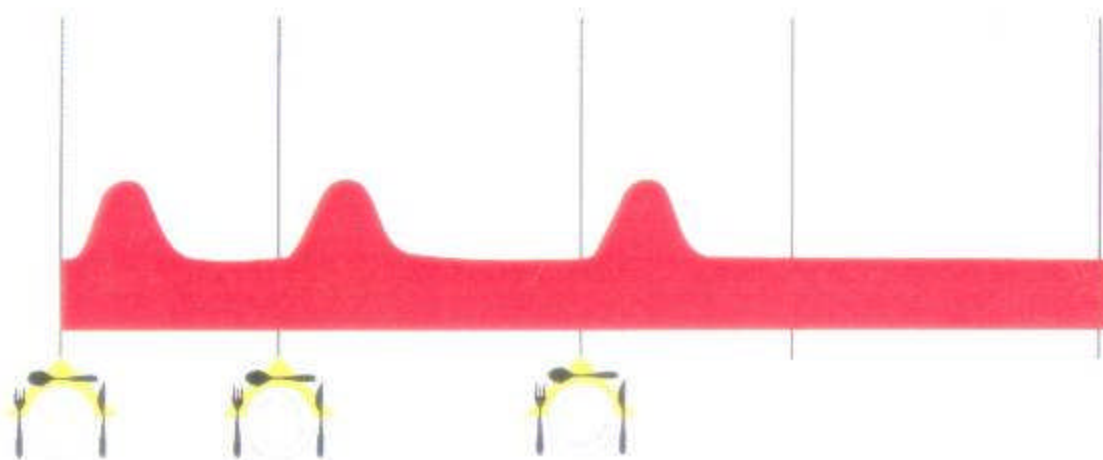


Bloedsuikerwaarden

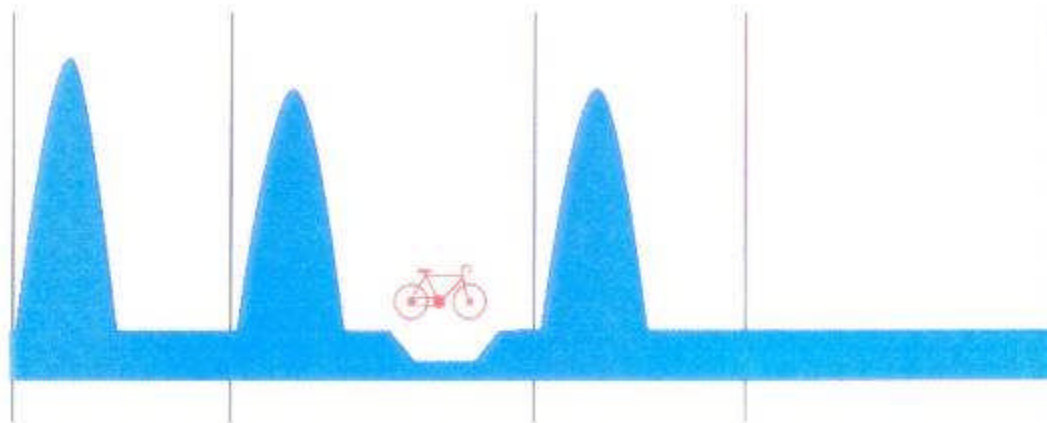


Glycemie en secretie van insuline

Glycemie

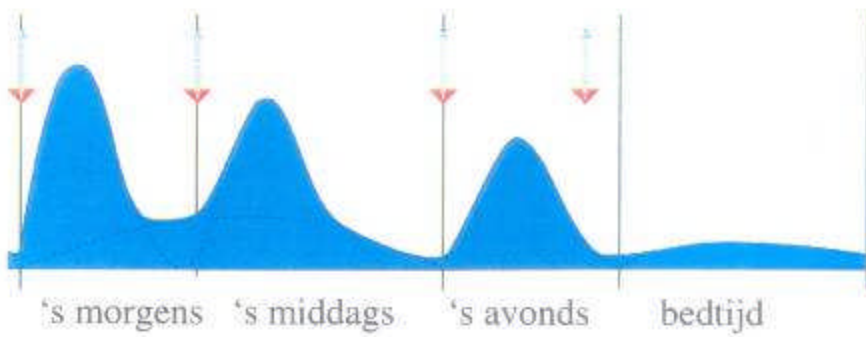
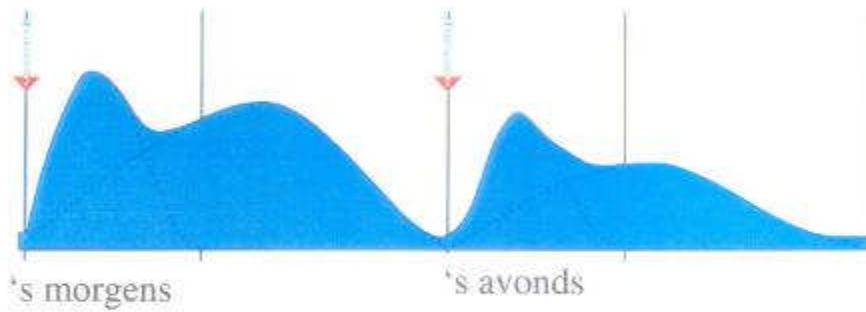


Insuline in bloed

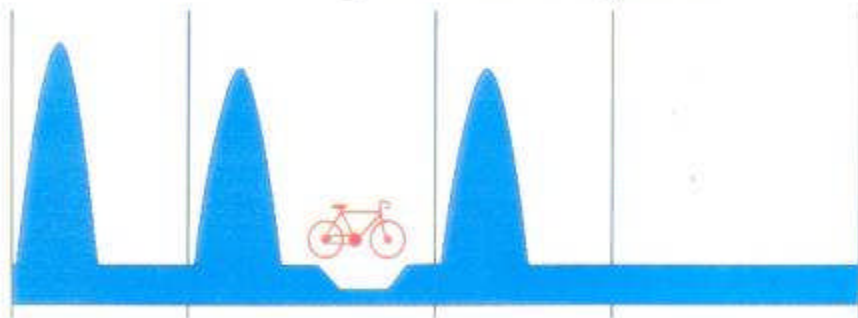


Insulinebehandeling

Insuline in bloed



Insuline in bloed bij niet-diabetes patient



Insuline inspuiten



Ketonurie - zelfcontrole

teststroken



Teststrook kort in de urine
dopen, overtollige urine
afstrijken.



Na 1 minuut de ontstane
verkleuring vergelijken
met de kleurenschaal.



Symptomen van hypoglycemie

Men voelt zich:

- zenuwachtig
- beverig
- onrustig

Men heeft:

- hoofdpijn
- slap gevoel

Men krijgt:

- honger
- uitbreken van
zweet

Men is:

- onconcentreerd
- bleek
- agressief
- verward



Voedingsmiddelen



Bloedsuiker-
verhogend



Niet
bloedsuiker-
verhogend



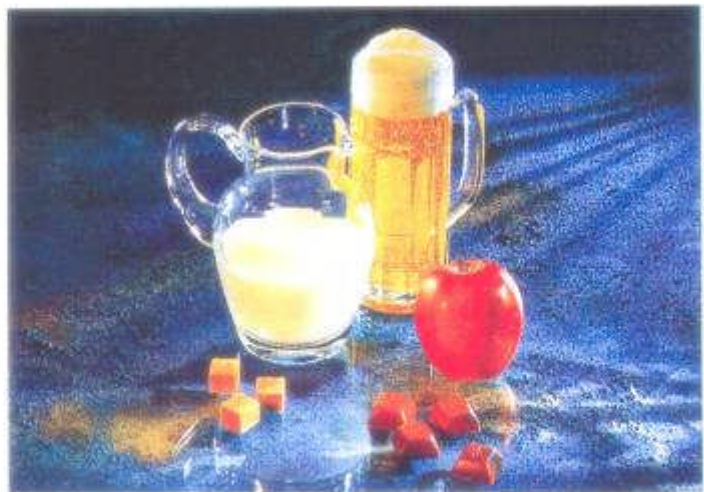
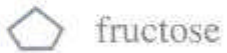
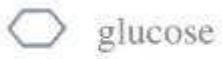
Koolhydraten



zetmeel



suiker



Vervanging van suiker



zoetstoffen

aspartaam
cyclamaat
saccharine

Suikervervangings- middelen



fructose
sorbitol
isomalt

VERVANGING VAN SUIKER

Suiker-
vervangings-
middelen

Fructose
Sorbitol
Isomalt

Evenveel
calorieën als in
suiker



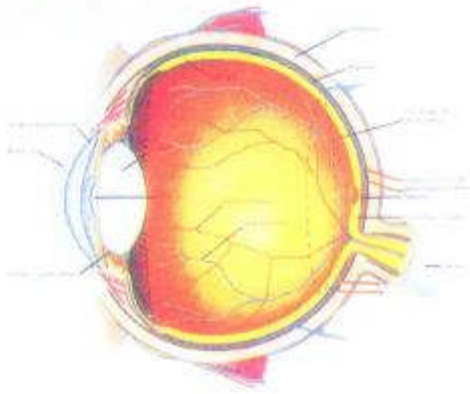
Zoetstoffen

Cyclamaat
Saccharine
Aspartaam

Geen calorieën



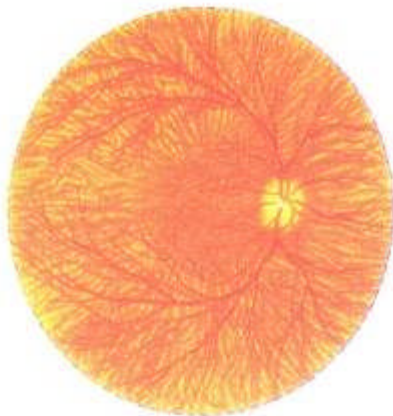
Diabetische retinopathie



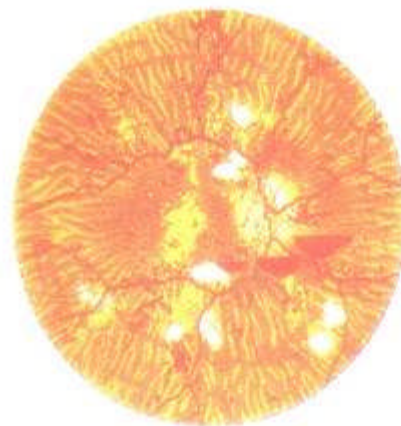
Horizontaal doorsnede van het oog



Diabetische retinopathie

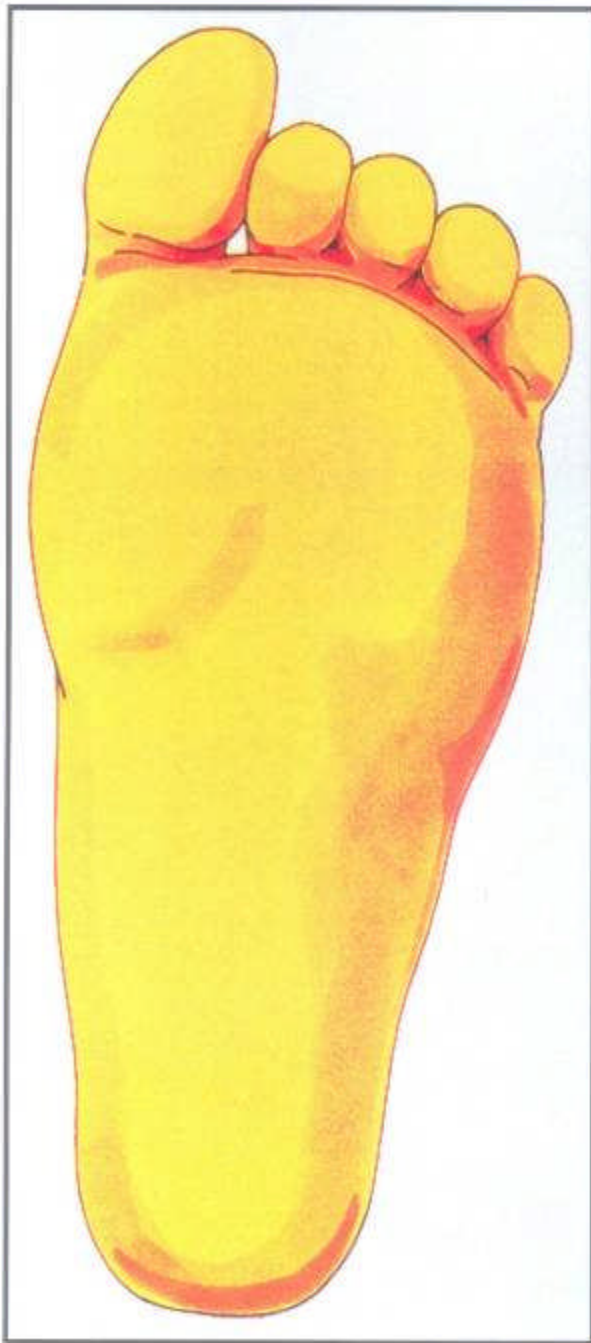


Normale oogfundus



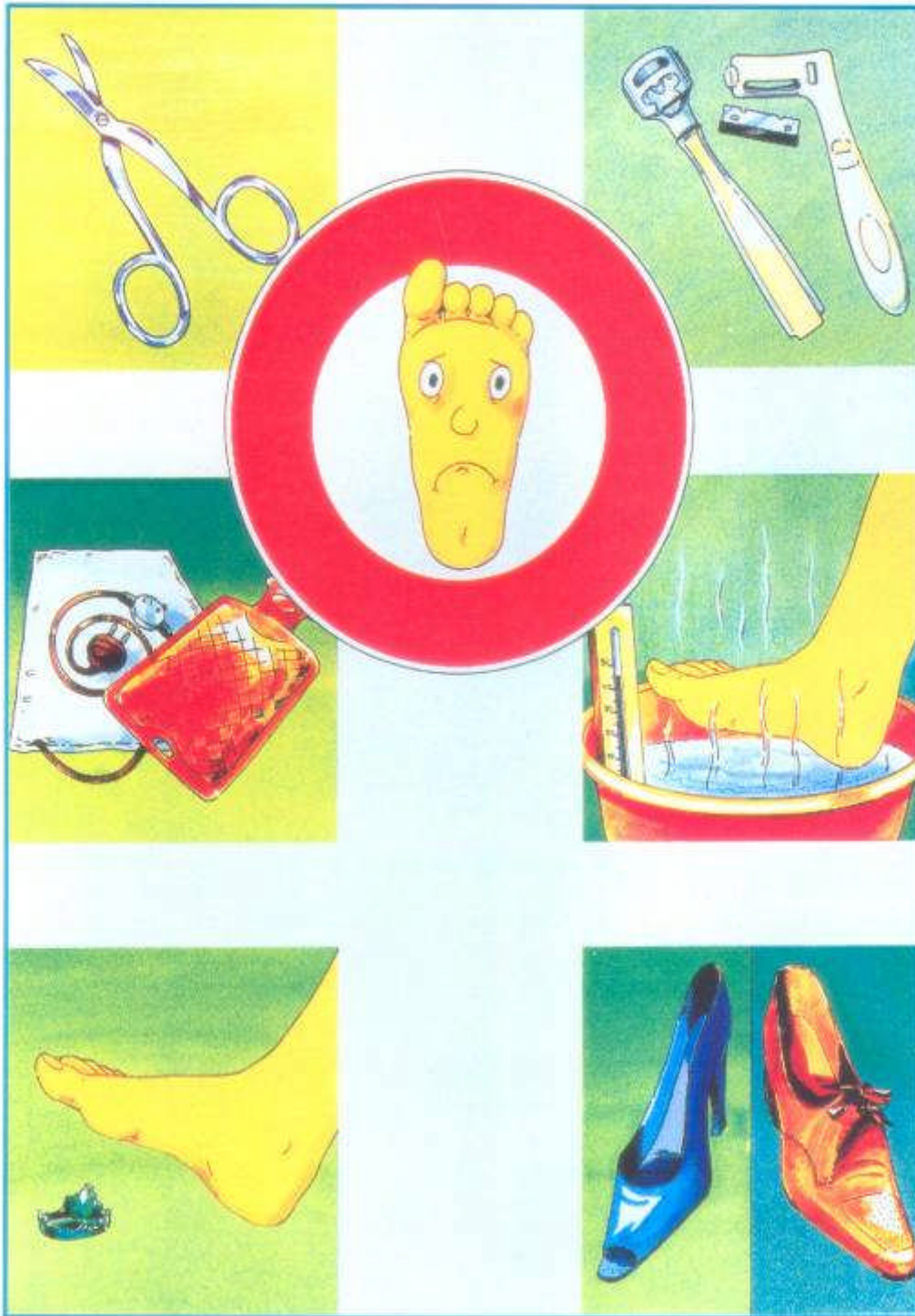
Proliferatieve diabetische retinopathie

***VOETEN VAN
DIABETESPATIENTEN
LOPEN GEVAAR !***

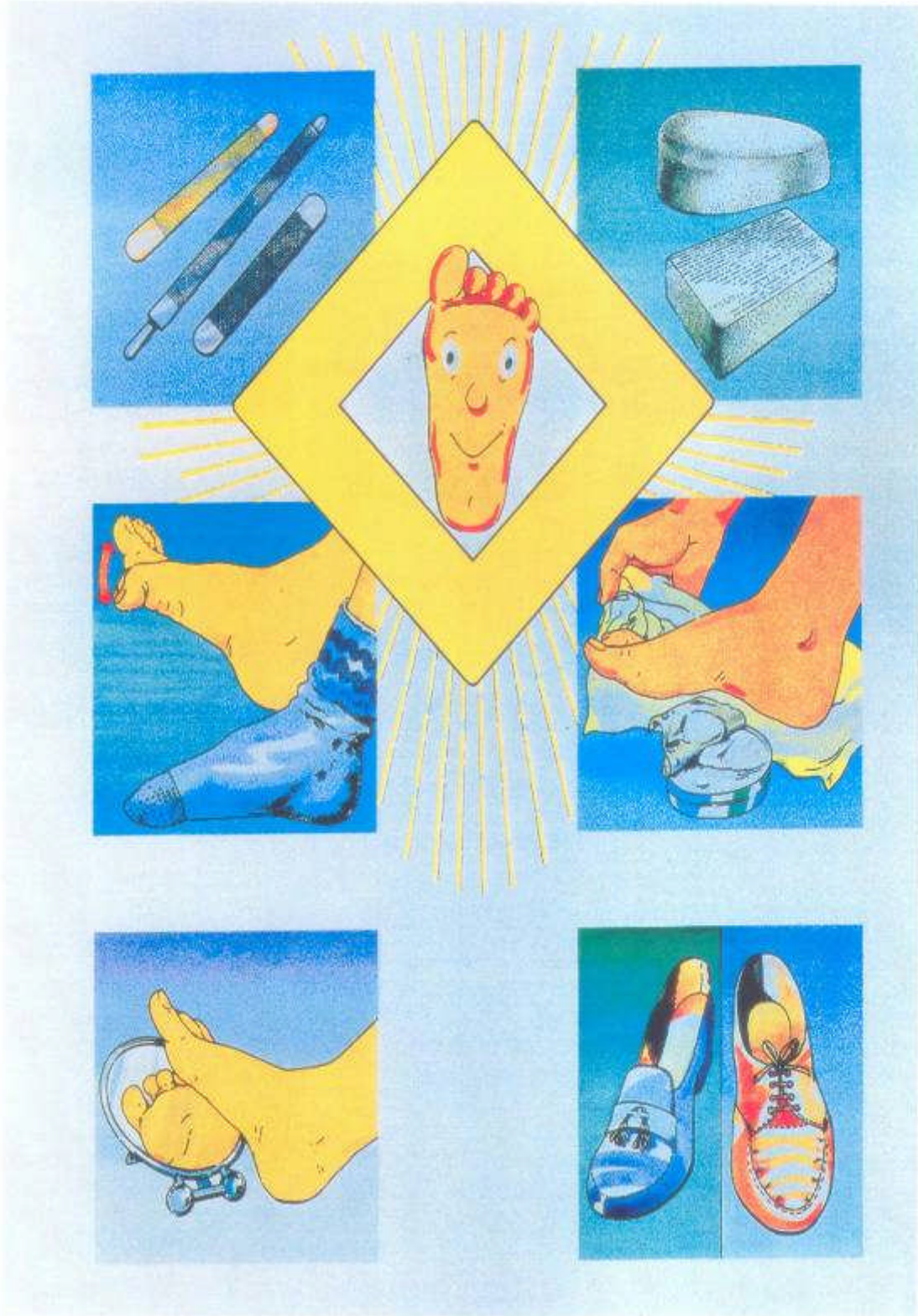


- Doorbloedingsstoornissen
- Verminderde gevoeligheid
- Slechte wondheling

**VOETVERZORGING:
NIET ZO !**



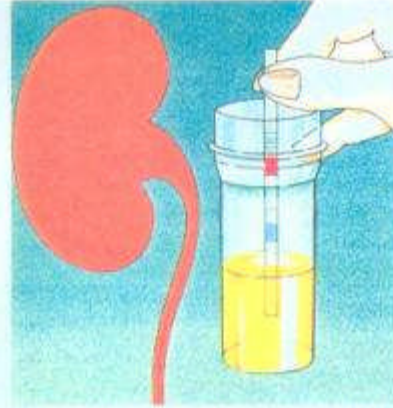
VOETVERZORGING: LIEVER ZO !



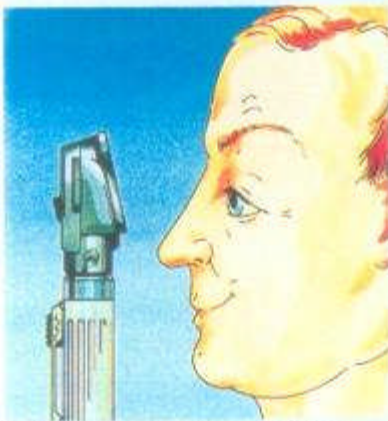
CONTROLE-ONDERZOEKEN



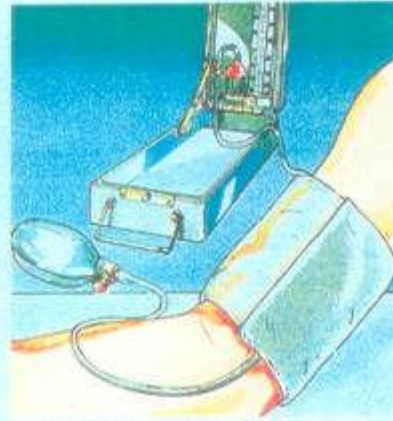
Minstens 1x per jaar



Minstens 1x per jaar



Minstens 1x per jaar



Bij elke raadpleging



Minstens 1x per jaar



Minstens 1x per jaar